



## The Experiences of Cancer Survivors

This study aims to increase understanding about the experience of people after the active treatment of cancer. Your participation will assist us in identifying the factors that predict or influence positive wellbeing in the survivorship phase of cancer.

You have been invited to participate in this study by Tracy Connerty, a University of Adelaide Psychology Honours student. This invitation has been sent to you on behalf of the University of Adelaide. Your personal details have not been passed on to the researcher.

### Participation

Your involvement in this study is completely voluntary and you are under no obligation to participate. Participation will involve completing a questionnaire, which will take approximately 30-45 minutes to accomplish. The questionnaire contains a number of measures relating to your lifestyle, psychological and physical well-being, health behaviour and your personal experience as a cancer survivor.

### Possible Benefits

Through participation in this study you may not encounter any direct benefits. However, the information collected in this study will increase our knowledge of people experience of survivorship and the potential growths that result from the experience of cancer. Furthermore, this enhanced understanding may enable us to identify and develop appropriate methods to facilitate a positive survivorship experience.

### Risks Associated with the Study

There are no known or foreseeable risks associated with this study. However if you experience some discomfort or distress as a result of speaking about you cancer experience or if you have any concerns about your wellbeing we suggest that you contact your doctor or counsellor or make use of the resources outlined below (see Helpful Resources).

### Withdrawal

If you wish to do so you may withdraw from this study at any time.

### Confidentiality

All of the information collected through this research will be kept confidential to the best of our ability. Answers to questionnaire will remain anonymous to maintain privacy and false names

will be used to replace survivor's names where appropriate. Personal contact details and results will not be released to any third party

## Ethics

This project has the approval of The Cancer Council South Australia (CCSA) Human Research Ethics Committee and The University of Adelaide Human Research Ethics Committee (HREC). Should you have any queries or complaints regarding the ethical conduct of this study please contact:

Cancer Council HREC Secretary, Ms Katrina Stamp, ph. (08) 8291 4113.

The University of Adelaide HREC Secretary, Ms Sabine Schreiber, ph. (08) 8303 6028.

## Helpful Resources

If you have any concerns in regards to your health and emotional well being please use the following guide of helpful and supportive resources.

Cancer Council Helpline <a href="http://www.cancersa.org.au">www.cancersa.org.au</a>	13 11 20	Cost of local call, 8.30am-8pm, Monday to Friday Confidential information and support for people with cancer, their families and their friends, from expertly trained health counsellors
Lifeline <a href="http://www.lifeline.org.au">www.lifeline.org.au</a>	13 11 14	Cost of a local call, 24 hours per day, 7 days per week Anonymous access to trained counselors

## Contact Information

If you have any questions or concerns regarding this study, please do not hesitate to contact:

Tracy Connerty, ph. 0425 146 510, email: [tracy.connerty@student.adelaide.edu.au](mailto:tracy.connerty@student.adelaide.edu.au).

Dr Vikki Knott (research supervisor), ph. (08) 8291 4277, email: [vknot@cancersa.org.au](mailto:vknot@cancersa.org.au).

If you are interested in participating in this study and wish to complete the questionnaire online please visit:

<http://www.psychology.adelaide.edu.au/expts/cancersurvivors.html>

If you would like to obtain a pen and paper version of the questionnaire please contact Tracy Connerty (contact details above).